

Sharpsville Area Elementary Lunch Menu

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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread,
 and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:
 Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber
 *May choose two 1/2 cup servings

*Fruits may include:
 Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce
 *May choose one 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
 Fat Free White and Low Fat White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
November 4 Meatball Hoagie Sweet Peas Mandarin Oranges Fat Free Milk	November 5 Mini Corn Dog Nuggets Straight Cut Fries Mixed Fruit Jello Fat Free Milk	November 6 Creamy Macaroni & Cheese Fresh Sliced Bread Seasoned Green Beans Chilled Pears Fat Free Milk	November 7 Beef Nachos With Queso Cheese & Sliced bread Refried Beans Chilled Pineapple Fat Free Milk	November 8 Crispy Fish Sticks With Garlic Toast Steamed Broccoli Applesauce Fat Free Milk	Option #3 WOW Butter & Jelly Sandwich Option #4 Fruit & Yogurt Parfait Option #5 Pizza Munchable
November 11 Walking Beef Tacos With Nacho Cheese Doritos Seasoned Corn Diced Peaches Fat Free Milk	November 12 Bosco Sticks With Warm Marinara Sweet Peas Diced Pears Fat Free Milk	November 13 French Toast Sticks Sausage Patty Tator Tots Chilled Orange Juice Fat Free Milk	November 14 Popcorn Chicken Bowl Fresh Dinner Roll Mashed Potatoes Applesauce Fat Free Milk	November 15 Cheeseburger On a Fresh Bun Baked Beans Mixed Fruit Fat Free Milk	Option #3 WOW Butter & Jelly Sandwich Option #4 Yogurt Munchable Option #5 Nacho Munchable
November 18 Fiestada Pizza Roasted Chickpeas Chilled Pineapple Fat Free Milk	November 19 Grilled Cheese + Tomato Soup Seasoned Carrots Mixed Berry Applesauce Fat Free Milk	November 20 Pizza Pasta Bake Garlic Breadstick Seasoned Broccoli Pineapple Tidbits Fat Free Milk	November 21 Chicken & Vegetable Dumplings With Rice Steamed Mixed Vegetables Mandarin Oranges Fat Free Milk	November 22 Roasted Turkey & Gravy Over Stuffing Warm Apple Crisp Mashed Potatoes Fat Free Milk	Option #3 WOW Butter & Jelly Sandwich Option #4 Fruit & Yogurt Parfait Option #5 Pizza Munchable
November 25 BBQ Rib Hoagie Straight Cut Fries Apple slices Fat Free Milk	November 26 Pepperoni Pinwheel With Marinara Sweet Peas Chilled Pineapple Tidbits Fat Free Milk	November 27 <i>No School—Thanksgiving Break</i>	November 28 <i>No School—Happy Thanksgiving!</i>	November 29 <i>No School—Thanksgiving Break</i>	Option #3 WOW Butter & Jelly Sandwich Option #4 Yogurt Munchable Option #5 Nacho Munchable
Monday OR Chicken Patty On a Fresh Bun	Tuesday OR Beef & Cheese Soft Tacos	Wednesday OR Chicken Nuggets With Fresh Sliced Bread	Thursday OR Grilled Cheese Sandwich	Friday OR Homestyle Pizza	Sharpsville Area School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and