

Sharpsville Area School District Breakfast— November Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				November 1  Goody Ring or Churro sticks Choice of 100% juice or fruit Low Fat/ Fat Free Milk
November 4 Pancakes Bites Or Assorted Muffins Choice of 100% juice or fruit Low Fat/ Fat Free Milk	November 5 Chicken on a Biscuit Or Breakfast Tacos Choice of 100% juice or fruit Low Fat/ Fat Free Milk	November 6 Crispy Waffles Or Fluffy Pancakes Choice of 100% juice or fruit Low Fat/ Fat Free Milk	November 7 Fruit and Yogurt Parfait Or Breakfast Pizza Choice of 100% juice or fruit Low Fat/ Fat Free Milk	November 8  Frosted Donut or Overnight Oats Choice of 100% juice or fruit Low Fat/ Fat Free Milk
November 11 Assorted Muffins Or French Toast Bites Choice of 100% juice or fruit Low Fat/ Fat Free Milk	November 12 Warm Cinnamon Roll Or Assorted Poptarts w/ Crackers Choice of 100% juice or fruit Low Fat/ Fat Free Milk	November 13 Sausage and Cheese on a Bagel Or Dutch Waffle Choice of 100% juice or fruit Low Fat/ Fat Free Milk	November 14 Yogurt Parfait Or Savory Breakfast Pizza Choice of 100% juice or fruit Low Fat/ Fat Free Milk	November 15  Goody Ring or Churro sticks Choice of 100% juice or fruit Low Fat/ Fat Free Milk
November 18 Pancakes Bites Or Assorted Muffins Choice of 100% juice or fruit Low Fat/ Fat Free Milk	November 19 Breakfast Tacos Or Bagel with Cream Cheese Choice of 100% juice or fruit Low Fat/ Fat Free Milk	November 20 Crispy Waffles Or Fluffy Pancakes Choice of 100% juice or fruit Low Fat/ Fat Free Milk	November 21 Savory Breakfast Pizza Or Fruit and Yogurt Parfait Choice of 100% juice or fruit Low Fat/ Fat Free Milk	November 22  Frosted Donut or Overnight Oats Choice of 100% juice or fruit Low Fat/ Fat Free Milk
November 25 Assorted Muffins Or French Toast Bites Choice of 100% juice or fruit Low Fat/ Fat Free Milk	November 26 Warm Cinnamon Roll Or Assorted Poptarts w/ Crackers Choice of 100% juice or fruit Low Fat/ Fat Free Milk	November 27— No School	November 28— No School	November 29— No School

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.
Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Alternate Options May Include:
 Banana or Blueberry Muffins
 Chocolate Chip Oatmeal Breakfast Bar
 Warm Grab & Go Breakfast Sandwiches
 Fortified Breakfast Pastries
 Warm Bagels
 Yogurt & Toast
 Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk

Milk Choices Offered Daily
 Fat Free Chocolate, Fat Free Strawberry,
 Fat Free White and Low Fat White



Proud to manage your food service program

ALL STUDENTS EAT FREE!
 Offered Daily
 Assorted Cereal w/ Grahams

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE