

Sharpsville Area Elementary Lunch Menu

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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread,
 and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:

Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber

*May choose two 1/2 cup servings

*Fruits may include:

Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce
 *May choose one 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
 Fat Free White and Low Fat White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
		January 1—No School	January 2—No School	January 3—No School	Option #3 WOW Butter & Jelly Sandwich Option #4 Fruit & Yogurt Parfait Option #5 Pizza Munchable
January 6 Mini Corndog Nuggets Seasoned Broccoli Applesauce Fat Free Milk	January 7 Pierogi's With Fresh Dinner Roll Mixed Vegetable Diced Peaches Fat Free Milk	January 8 Waffles Sausage Patty Tator Tots Chilled Grape Juice Fat Free Milk	January 9 Popcorn Chicken Bowl Fresh Sliced Bread Mashed Potatoes Mixed Fruit Fat Free Milk	January 10 Meatball Hoagie Straight Cut Fries Sliced Apples Fat Free Milk	Option #3 WOW Butter & Jelly Sandwich Option #4 Yogurt Munchable Option #5 Nacho Munchable
January 13 Bosco Sticks With Marinara Roasted Chickpeas Chilled Pineapple Fat Free Milk	January 14 Crispy Fish Sticks With Garlic Toast Roasted Chickpeas Applesauce Fat Free Milk	January 15 French Toast Sausage Patty Tator Tots Chilled Orange Juice Fat Free Milk	January 16 Spicy Chicken Patty On a Fresh Bun Straight Cut Fries Sliced Apples Fat Free Milk	January 17 Cheeseburger On a Fresh Bun Baked Beans Chilled Peaches Fat Free Milk	Option #3 WOW Butter & Jelly Sandwich Option #4 Fruit & Yogurt Parfait Option #5 Pizza Munchable
January 20 <i>No School—ACT 80 Day</i>	January 21 Crispy Chicken Patty On a Fresh Bun Steamed Carrots Chilled Pineapple Fat Free Milk	January 22 Pancakes Sausage Patty Tator Tots Chilled Apple Juice Fat Free Milk	January 23 Pizza Pasta Bake Garlic Breadstick Seasoned Broccoli Mandarin Oranges Fat Free Milk	January 24 BBQ Rib Hoagie Straight Cut Fries Chilled Pears Fat Free Milk	Option #3 WOW Butter & Jelly Sandwich Option #4 Yogurt Munchable Option #5 Nacho Munchable
January 27 Beef & Cheese Nachos With Sliced bread Seasoned Corn Chilled Pineapple Fat Free Milk	January 28 Pepperoni Pinwheel With Marinara Sweet Peas Chilled Pineapple Tidbits Fat Free Milk	January 29 Creamy Macaroni & Cheese Fresh Sliced Bread Seasoned Green Beans Chilled Pears Fat Free Milk	January 30 Chicken & Vegetable Dumplings With Rice Steamed Mixed Vegetables Mandarin Oranges Fat Free Milk	January 31 Pulled Pork Sandwich On a Fresh Bun Seasoned Carrots Chilled Peaches Fat Free Milk	Option #3 WOW Butter & Jelly Sandwich Option #4 Fruit & Yogurt Parfait Option #5 Pizza Munchable
Monday OR Chicken Patty On a Fresh Bun	Tuesday OR Beef & Cheese Soft Tacos	Wednesday OR Chicken Nuggets With Fresh Sliced Bread	Thursday OR Grilled Cheese Sandwich	Friday OR Homestyle Pizza	Sharpsville Area School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and