

Sharpsville Area Elementary Lunch Menu

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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread,
 and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:
 Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber
 *May choose two 1/2 cup servings

*Fruits may include:
 Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce
 *May choose one 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
 Fat Free White and Low Fat White

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | Weekly Choices |
|---|--|---|--|--|---|
| February 3 Fiestada Pizza Roasted Chickpeas Chilled Pineapple Fat Free Milk | February 4 Buffalo Chicken Dipper With Fresh Sliced Bread Seasoned Corn Mandarin Oranges Fat Free Milk | February 5 Crispy Waffles Sausage Patty Tator Tots Chilled Grape Juice Fat Free Milk | February 6 Popcorn Chicken Bowl Fresh Sliced Bread Mashed Potatoes Mixed Fruit Jello Fat Free Milk | February 7 Ham & Cheese Melt On a Stewed Tomatoes Seasoned Carrots Chilled Pears Fat Free Milk | Option #3 WOW Butter & Jelly Sandwich Option #4 Fruit & Yogurt Parfait Option #5 Pizza Munchable |
| February 10 Pierogi's With Fresh Dinner Roll Mixed Vegetable Applesauce Fat Free Milk | February 11 Pepperoni Pinwheel Mixed Vegetable Applesauce Fat Free Milk | February 12 Pizza Pasta Bake Garlic Breadstick Oven Roasted Carrots Chilled Pears Fat Free Milk <i>Wellness Wednesday!</i> | February 13 Walking Beef Tacos With Nacho Cheese Doritos Seasoned Corn Diced Peaches Fat Free Milk | February 14 BBQ Rib Hoagie Straight Cut Fries Chilled Pears Fat Free Milk | Option #3 WOW Butter & Jelly Sandwich Option #4 Yogurt Munchable Option #5 Nacho Munchable |
| February 17— <i>No School</i> <i>Snow Day Make up Day!</i> | February 18 Bosco Sticks With Marinara Roasted Chickpeas Chilled Pineapple Fat Free Milk | February 19 Fluffy Pancakes Sausage Patty Tator Tots Chilled Orange Juice Fat Free Milk | February 20 Spicy Chicken Patty On a Fresh Bun Straight Cut Fries Sliced Apples Fat Free Milk | February 21 Cheeseburger On a Fresh Bun Baked Beans Chilled Peaches Fat Free Milk | Option #3 WOW Butter & Jelly Sandwich Option #4 Fruit & Yogurt Parfait Option #5 Pizza Munchable |
| February 24 Mini Corndog Nuggets Seasoned Broccoli Applesauce Fat Free Milk | February 25 Pulled Pork Sandwich On a Fresh Bun Seasoned Carrots Chilled Peaches Fat Free Milk | February 26 French Toast sticks Sausage Patty Tator Tots Chilled Grape Juice Fat Free Milk | February 27 Teriyaki Chicken & Vegetable Dumplings With Rice Steamed Mixed Vegetables Mandarin Oranges Fat Free Milk | February 28 Meatball Hoagie Straight Cut Fries Sliced Apples Fat Free Milk | Option #3 WOW Butter & Jelly Sandwich Option #4 Yogurt Munchable Option #5 Nacho Munchable |
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| Monday OR Chicken Patty On a Fresh Bun | Tuesday OR Beef & Cheese Soft Tacos | Wednesday OR Chicken Nuggets With Fresh Sliced Bread | Thursday OR Grilled Cheese Sandwich | Friday OR Homestyle Pizza | Sharpsville Area School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and |