





Sharpsville Area School District Breakfast— February Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 3 Toasted Bagel with Cream Cheese Or Assorted Muffins Choice of 100% juice or fruit Low Fat/ Fat Free Milk	February 4 Sausage & Cheese On a English Muffin Or Breakfast Tacos Choice of 100% juice or fruit Low Fat/ Fat Free Milk	February 5 Crispy Waffles Or Fluffy Pancakes Choice of 100% juice or fruit Low Fat/ Fat Free Milk	February 6 Savory Breakfast Pizza Or Fruit & Yogurt Parfait Choice of 100% juice or fruit Low Fat/ Fat Free Milk	February 7 Frosted Donut Or  Overnight Oats Choice of 100% juice or fruit Low Fat/ Fat Free Milk
February 10 Assorted Muffins Or French Toast Bites Choice of 100% juice or fruit Low Fat/ Fat Free Milk	February 11 Warm Cinnamon Roll Or Assorted Poptarts w/ Crackers Choice of 100% juice or fruit Low Fat/ Fat Free Milk	February 12 Sausage, Egg & Cheese on a Bagel Or Dutch Waffle Choice of 100% juice or fruit Low Fat/ Fat Free Milk	February 13 Fruit & Yogurt Parfait Or Breakfast Pizza Choice of 100% juice or fruit Low Fat/ Fat Free Milk	February 14 Frosted Donut Or Overnight Oats Choice of 100% juice or fruit  Low Fat/ Fat Free Milk
February 17—No School	February 18 Egg & Cheese On a English Muffin Or Breakfast Tacos Choice of 100% juice or fruit Low Fat/ Fat Free Milk	February 19 Crispy Waffles Or Fluffy Pancakes Choice of 100% juice or fruit Low Fat/ Fat Free Milk	February 20 Savory Breakfast Pizza Or Fruit & Yogurt Parfait Choice of 100% juice or fruit Low Fat/ Fat Free Milk	February 21 Goody Ring Or Churro sticks Choice of 100% juice or fruit  Low Fat/ Fat Free Milk
February 24 Assorted Muffins Or French Toast Bites Choice of 100% juice or fruit Low Fat/ Fat Free Milk	February 25 Warm Cinnamon Roll Or Assorted Poptarts w/ Crackers Choice of 100% juice or fruit Low Fat/ Fat Free Milk	February 26 Crispy Waffles Or Fluffy Pancakes Choice of 100% juice or fruit Low Fat/ Fat Free Milk	February 27 Fruit & Yogurt Parfait Or Breakfast Pizza Choice of 100% juice or fruit Low Fat/ Fat Free Milk	February 28 Frosted Donut Or  Overnight Oats Choice of 100% juice or fruit Low Fat/ Fat Free Milk

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Alternate Options May Include:

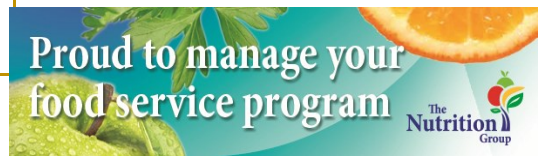
Banana or Blueberry Muffins
 Chocolate Chip Oatmeal Breakfast Bar
 Warm Grab & Go Breakfast Sandwiches
 Fortified Breakfast Pastries
 Warm Bagels
 Yogurt & Toast

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
 Fat Free White and Low Fat White



ALL STUDENTS EAT FREE!

Offered Daily

Assorted Cereal w/ Grahams

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE