

# Sharpsville Area Elementary Lunch Menu

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## What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate  
 Choice of Vegetable, Choice of Fruit\*  
 Choice of Grain/Bread,  
 and Choice of Milk

\*Students must choose at least one fruit or vegetable



## Fresh Fruits and Vegetables Offered Daily

\*Vegetables may include:

- Broccoli Florets
  - Baby Carrots
  - Dark Leafy Greens
  - Legume Salads
  - Celery & Cucumber
- \*May choose two 1/2 cup servings

\*Fruits may include:

- Crisp Apple
  - Sliced Peaches
  - Mixed Fruit
  - Fresh Orange
  - Banana
  - Pineapple Tidbits
  - Diced Pears
  - Applesauce
- \*May choose one 1/2 cup serving





**MENUS SUBJECT TO CHANGE**



## Milk Choices Offered Daily

Fat Free Chocolate, Fat Free White and Low Fat White

Sharpsville Area School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
	<b>November 1</b> Little Nacho Bites With Salsa Seasoned Carrots Appleslices Choice of Milk	<b>November 2</b> Ham and Cheese Melt Steamed Broccoli Chilled Pears Choice of Milk	<b>November 3</b> BBQ Chicken Bowl Steamed Rice Seasoned Corn Raisins Choice of Milk	<b>November 4</b> Crispy Fish Sticks Seasoned Green Beans Applesauce Choice of Milk	WOW Butter & Jelly Sandwich  Garden Salad with Croutons and Fresh Sliced Bread
<b>November 7</b> Creamy Macaroni & Cheese Fresh Bread Slice Steamed Broccoli Mixed Fruit Choice of Milk	<b>November 8</b> Grilled Cheese Sandwich With Tomato Soup Seasoned Carrots Mandarin Oranges Choice of Milk	<b>November 9</b> Fluffy Pancakes Sausage Patties Tator tots Chilled Orange Juice Choice of Milk	<b>November 10</b> Popcorn Chicken Bowl Fresh Sliced Bread Seasoned Corn Pineapple Tidbits Choice of Milk	<b>November 11</b> Meatball Hoagie Baked Beans Chilled Pears Choice of Milk	WOW Butter & Jelly Sandwich  Garden Salad with Croutons and Fresh Sliced Bread
<b>November 14</b> Pulled Pork Sandwich Crinkle Cut Fries Mandarin Oranges Choice of Milk	<b>November 15</b> Grilled Chicken Alfredo Garlic Breadstick Sweet Peas Chilled Peaches Choice of Milk	<b>November 16</b> Roasted Turkey With Stuffing Mashed Potatoes and Gravy Green Beans Apple Crisp Choice of Milk	<b>November 17</b> Orange Chicken Bowl Steamed Rice Seasoned Broccoli Pineapple Tidbits Choice of Milk	<b>November 18</b> Italian Cheesy Pull Aparts Baby Carrots Chilled Pears Choice of Milk	WOW Butter & Jelly Sandwich  Garden Salad with Croutons and Fresh Sliced Bread
<b>November 21</b> Walking Beef Tacos With Nacho Doritos Shredded Lettuce Seasoned Corn Raisins Choice of Milk	<b>November 22</b> Italian Dunkers With Marinara Baby Carrots Mixed Fruit Choice of Milk	<b>November 23</b> <b>No School!</b>  	<b>November 24</b> <b>Happy Thanksgiving!</b>  	<b>November 25</b> <b>No School!</b>  	WOW Butter & Jelly Sandwich  Garden Salad with Croutons and Fresh Sliced Bread
<b>November 28</b> <b>No School!</b>  	<b>November 29</b> Spaghetti With Meatballs Garlic Breadstick Sweet Peas Mandarin Oranges Choice of Milk	<b>November 30</b> BBQ Rib Hoagie Crinkle Cut Fries Chilled Peaches Choice of Milk			WOW Butter & Jelly Sandwich  Garden Salad with Croutons and Fresh Sliced Bread
<b>Monday</b> Crispy Chicken Sandwich On a Fresh Bun	<b>Tuesday</b> Beef & Cheese Soft Tacos	<b>Wednesday</b> Chicken Nuggets With Fresh Sliced Bread	<b>Thursday</b> Hamburger On a Fresh Bun	<b>Friday</b> Homestyle Pizza	