

# Sharpsville Area Elementary Lunch Menu

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## What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate  
 Choice of Vegetable, Choice of Fruit\*  
 Choice of Grain/Bread,  
 and Choice of Milk

*\*Students must choose at least one fruit or vegetable*



## Fresh Fruits and Vegetables Offered Daily

**\*Vegetables may include:**  
 Broccoli Florets  
 Baby Carrots  
 Dark Leafy Greens  
 Legume Salads  
 Celery & Cucumber  
**\*May choose two 1/2 cup servings**

**\*Fruits may include:**  
 Crisp Apple  
 Sliced Peaches  
 Mixed Fruit  
 Fresh Orange  
 Banana  
 Pineapple Tidbits  
 Diced Pears  
 Applesauce  
**\*May choose one 1/2 cup serving**

**MENUS SUBJECT TO CHANGE**



## Milk Choices Offered Daily

Fat Free Chocolate, Fat Free White and Low Fat White

Sharpsville Area School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
<b>November 1</b> Grilled Cheese Sandwich With Tomato Soup Appleslices Chilled Peaches Fat Free Milk	<b>November 2</b> Ham and Cheese Melt Steamed Broccoli Chilled Pears Fat Free Milk	<b>November 3</b> Lasagna Roll Ups Garlic Breadstick Side Garden Salad Mixed Fruit Fat Free Milk	<b>November 4</b> Popcorn Chicken Bowl Fresh Sliced Bread Seasoned Corn Pineapple Tidbits Fat Free Milk	<b>November 5</b> Cheeseburger on a Fresh Bun Baby Carrots Applesauce Fat Free Milk	WOW Butter & Jelly Sandwich  Garden Salad with Croutons and Fresh Sliced Bread
<b>November 8</b> Italian Dunkers With Marinara Sauce Sweet Peas Mixed Fruit Fat Free Milk	<b>November 9</b> Boneless Wings Sliced Bread Baby Carrots Mandarin Oranges Fat Free Milk	<b>November 10</b> Fluffy Pancakes Sausage Patties Hashbrowns Chilled Orange Juice Fat Free Milk	<b>November 11</b> BBQ Chicken Bowl Steamed Rice Seasoned Corn Raisins Fat Free Milk	<b>November 12</b> Pepperoni & Cheese Calzone Crinkle Cut Fries Diced Pears Fat Free Milk	WOW Butter & Jelly Sandwich  Garden Salad with Croutons and Fresh Sliced Bread
<b>Monday</b> Chicken Nuggets With Fresh Sliced Bread	<b>Tuesday</b> Beef & Cheese Soft Tacos	<b>Wednesday</b> Crispy Chicken Tenders	<b>Thursday</b> BBQ Rib Sandwich	<b>Friday</b> Homestyle Pizza	<b>All Students Eat Free Through June 2022!</b>