

Sharpsville Area Elementary Lunch Menu

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The
Nutrition
Group



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread,
 and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:

Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber

*May choose two 1/2 cup servings

*Fruits may include:

Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits

Diced Pears
 Applesauce

*May choose one 1/2 cup serving


MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free White and Low Fat White

Sharpsville Area School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
		March 1 Ham & Cheese Melts Steamed Sweet Peas Apple Slices Fat Free Milk	March 2 Hop on Pop Chicken Bowl Fresh Sliced Bread Weggies of Veggies Red Fish Blue Fish Fruited Jello Fat Free Milk 	March 3 Crispy Fish Sticks Seasoned Carrots Chilled Pears Fat Free Milk	WOW Butter & Jelly Sandwich Garden Salad with Croutons and Fresh Sliced Bread
March 6 Buffalo Chicken Dippers Fresh Sliced Bread Seasoned Corn Mandarin Oranges Fat Free Milk	March 7 Meatball Hoagie Mixed Vegetables Chilled Peaches Fat Free Milk	March 8 Crispy Waffles Sausage Patties Tator tots Chilled Orange Juice Fat Free Milk	March 9 Freshly Baked Italian Dunkers Marinara sauce Seasoned Broccoli Chilled Pears Fat Free Milk	March 10 Grilled Cheese Sandwich With Creamy Tomato Soup Baby Carrots Mixed Fruit Fat Free Milk	WOW Butter & Jelly Sandwich Garden Salad with Croutons and Fresh Sliced Bread
March 13 Pulled Pork Sandwich Baked Beans Apple Slices Fat Free Milk	March 14 Grilled Chicken Alfredo Garlic Breadstick Steamed Broccoli Apple Crisp Fat Free Milk	March 15 French Toast Sausage Patties Tator tots Chilled Orange Juice Fat Free Milk	March 16 Orange Chicken Bowl Steamed Rice Seasoned Broccoli Chilled Pears Fat Free Milk	March 17 No School— Happy St Patrick's Day!	WOW Butter & Jelly Sandwich Garden Salad with Croutons and Fresh Sliced Bread
March 20 Chicken Quesadilla Peppers & Onions With Tortilla Seasoned Corn Apple Slices Fat Free Milk	March 21 Chicken Parmesan & Pasta Garlic Breadstick Seasoned Green Beans Mixed Fruit Fat Free Milk	March 22 Fluffy Pancakes Sausage Patties Tator tots Chilled Orange Juice Fat Free Milk	March 23 Popcorn Chicken Bowl Fresh Sliced Bread Seasoned Corn Pineapple Tidbits Fat Free Milk	March 24 Crispy Fish Sandwich Smiley Potatoes Chilled Peaches Fat Free Milk	WOW Butter & Jelly Sandwich Garden Salad with Croutons and Fresh Sliced Bread
March 27 Cheeseburger On a Fresh Bun Baby Carrots Mixed Fruit Fat Free Milk	March 28 Spaghetti with Meatballs Garlic Breadstick Sweet Peas Chilled Pears Fat Free Milk	March 29 Ham & Cheese on a Pretzel Bun Tator tots Apple Slices Fat Free Milk	March 30 Macaroni & Cheese Sliced Bread Seasoned Broccoli Mixed Fruit Fat Free Milk	March 31 Mexican Pizza Seasoned Carrots Mandarin Oranges Fat Free Milk	WOW Butter & Jelly Sandwich Garden Salad with Croutons and Fresh Sliced Bread
Monday OR Crispy Chicken Patty Sandwich	Tuesday OR Beef & Cheese Soft Tacos	Wednesday OR Crispy Chicken Nuggets	Thursday OR Cheeseburger on a Bun	Friday OR Cheese Pizza	