

Sharpsville Area Elementary Lunch Menu

Food Service Director: Elizabeth Grove
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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread,
 and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:
 Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber
 *May choose two 1/2 cup servings

*Fruits may include:
 Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce
 *May choose one 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
 Fat Free White and Low Fat White

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | Weekly Choices |
|---|---|--|---|---|--|
| | | January 31 Crispy Fish Sticks With Garlic Bread Mixed Vegetables Chilled Pineapple Fat Free Milk | February 1 Popcorn Chicken Fresh Bread Slice Creamy Mashed Potatoes Mandarin Oranges Fat Free Milk | February 2 Cheeseburger On a Fresh Bun Baked Beans Chilled Pears Fat Free Milk | Option #3 WOW Butter & Jelly Sandwich Yogurt Munchable |
| February 5 Grilled Cheese Sandwich With Creamy Tomato Soup Seasoned Green Beans Mixed Fruit Cup Fat Free Milk | February 6 Ham & Cheese Melt on a Pretzel Bun Roasted Chickpeas Mixed Fruit Jello Fat Free Milk | February 7 Fluffy Pancakes Sausage Patty Hashbrown Patty Chilled Grape Juice Fat Free Milk | February 8 Chicken Nuggets With Buttered Noodles Steamed Broccoli Chilled Peaches Fat Free Milk | February 9 Pierogi's With Fresh Dinner Roll Mixed Vegetable Applesauce Fat Free Milk | Option #3 WOW Butter & Jelly Sandwich Yogurt Munchable |
| February 12 Fiestada Pizza Seasoned Carrots Chilled Peaches Fat Free Milk | February 13 Mini Corn Dog Nuggets Mixed Vegetables Apple Slices Fat Free Milk | February 14 Happy Valentine's Day! Creamy Macaroni & Cheese Fresh Dinner Roll Tomato Cucumber Salad Variety of Milk | February 15 Blue Devil Casserole Chicken & Gravy over Stuffing Apple Crisp Seasoned Green Beans Fat of Milk | February 16– No School Act 80 Day | Option #3 WOW Butter & Jelly Sandwich Yogurt Munchable |
| February 19 No School— Snow Day Make Up Day! | February 20 Crispy Chicken Sandwich Seasoned Green Beans Chilled Pears Fat Free Milk | February 21 French Toast Sticks Sausage Patty Hashbrown Patty Chilled Apple Juice Fat Free Milk | February 22 Walking Beef Taco With Nacho Doritos Seasoned Corn Mandarin Oranges Fat Free Milk | February 23 Penne Pasta with Meatballs Garlic Breadstick Steamed Broccoli Chilled Peaches Fat Free Milk | Option #3 WOW Butter & Jelly Sandwich Yogurt Munchable |
| February 26 Pepperoni Pinwheel With Marinara Sweet Peas Chilled Pineapple Tidbits Fat Free Milk | February 27 Chicken Nuggets Fresh Bread Slice Seasoned Carrots Mixed Fruit Jello Fat Free Milk | February 28 BBQ Rib Hoagie Creamy Coleslaw Apple slices Fat Free Milk | February 29 Chicken & Vegetable Dumplings With Rice Steamed Broccoli Chilled Peaches Fat Free Milk | | Sharpsville Area School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE |
| Monday OR Chicken Patty On a Fresh Bun | Tuesday OR Beef & Cheese Soft Tacos | Wednesday OR Hamburger On a Fresh Bun | Thursday OR Grilled Cheese Sandwich | Friday OR Homestyle Pizza | Lunch Prices: Paid \$2.30 Reduced \$.40 |