

# Sharpsville Area Elementary Lunch Menu

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## What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate  
 Choice of Vegetable, Choice of Fruit\*  
 Choice of Grain/Bread,  
 and Choice of Milk

\*Students must choose at least one fruit or vegetable



## Fresh Fruits and Vegetables Offered Daily

\*Vegetables may include:  
 Broccoli Florets  
 Baby Carrots  
 Dark Leafy Greens  
 Legume Salads  
 Celery & Cucumber  
 \*May choose two 1/2 cup servings

\*Fruits may include:  
 Crisp Apple  
 Sliced Peaches  
 Mixed Fruit  
 Fresh Orange  
 Banana  
 Pineapple Tidbits  
 Diced Pears  
 Applesauce  
 \*May choose one 1/2 cup serving

**MENUS SUBJECT TO CHANGE**



## Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,  
 Fat Free White and Low Fat White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
<b>December 2—No School!</b>	<b>December 3</b> Mini Corn Dog Nuggets Seasoned Potato Wedges Cinnamon Applesauce Fat Free Milk	<b>December 4</b> Creamy Macaroni & Cheese With Garlic Toast With Mixed Vegetables Chilled Pears Fat Free Milk	<b>December 5</b> Chicken Quesadilla Corn and Black Bean Salsa Mandarin Oranges Fat Free Milk	<b>December 6</b> Cheeseburger On a Fresh Bun Baked Beans Chilled Peaches Fat Free Milk	<b>Option #3</b> WOW Butter & Jelly Sandwich <b>Option #4</b> Fruit & Yogurt Parfait <b>Option #5</b> Pizza Munchable
<b>December 9</b> Pierogies With Garlic Toast Seasoned Broccoli Apple slices Fat Free Milk	<b>December 10</b> Buffalo Chicken Dipper With Garlic Toast Steamed Green Beans Diced Pears Fat Free Milk	<b>December 11</b> Fluffy Pancakes Sausage Patty Tator Tots Chilled Grape Juice Fat Free Milk	<b>December 12</b> Popcorn Chicken Bowl Fresh Dinner Roll Mashed Potatoes Applesauce Fat Free Milk	<b>December 13</b> Crispy Fish Sticks Seasoned Corn Mixed Fruit Fat Free Milk	<b>Option #3</b> WOW Butter & Jelly Sandwich <b>Option #4</b> Yogurt Munchable <b>Option #5</b> Nacho Munchable
<b>December 16</b> Bosco Sticks With Marinara Roasted Chickpeas Chilled Pineapple Fat Free Milk	<b>December 17</b> Grilled Cheese + Tomato Soup Seasoned Mixed Vegetables Chilled Peaches Fat Free Milk	<b>December 18</b> Brown Sugar Ham Dinner Fresh Dinner Roll Seasoned Carrots Warm Apple Crisp Fat Free Milk	<b>December 19</b> Meatball Hoagie Straight Cut Fries Sliced Apples Fat Free Milk	<b>December 20</b> Chef Choice!	<b>Option #3</b> WOW Butter & Jelly Sandwich <b>Option #4</b> Fruit & Yogurt Parfait <b>Option #5</b> Pizza Munchable
<b>December 23</b> <i>No School—Christmas Break!</i>	<b>December 24</b> <i>No School—Christmas Break!</i>	<b>December 25</b> <i>No School—Christmas Break!</i>	<b>December 26</b> <i>No School—Christmas Break!</i>	<b>December 27</b> <i>No School—Christmas Break!</i>	<b>Option #3</b> WOW Butter & Jelly Sandwich <b>Option #4</b> Yogurt Munchable <b>Option #5</b> Nacho Munchable
<b>December 30</b> <i>No School—Christmas Break!</i>	<b>December 31</b> <i>No School—Christmas Break!</i>	<b>January 1</b> <i>No School—Christmas Break!</i>	<b>January 2</b> <i>No School—Christmas Break!</i>	<b>January 3</b> <i>No School—Christmas Break!</i>	
<b>Monday</b> OR Chicken Patty On a Fresh Bun	<b>Tuesday</b> OR Beef & Cheese Soft Tacos	<b>Wednesday</b> OR Chicken Nuggets With Fresh Sliced Bread	<b>Thursday</b> OR Grilled Cheese Sandwich	<b>Friday</b> OR Homestyle Pizza	Sharpsville Area School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and