

Sharpsville Area Elementary Lunch Menu

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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread,
 and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:
 Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber
 *May choose two 1/2 cup servings

*Fruits may include:
 Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce
 *May choose one 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
 Fat Free White and Low Fat White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
	April 1 Buffalo Chicken Dipper Seasoned Corn Chilled Pears Fat Free Milk	April 2 BBQ Rib Hoagie On a Fresh Bun Green Beans Applesauce Fat Free Milk	April 3 Popcorn Chicken Bowl Fresh Sliced Bread Mashed Potatoes Chilled Peaches Fat Free Milk	April 4 Crispy Fish Sandwich Seasoned Carrots Apple Slices Fat Free Milk	Option #3 WOW Butter & Jelly Sandwich Option #4 Fruit & Yogurt Parfait Option #5 Pizza Munchable
April 7 Cheeseburger On a Fresh Bun Potato Wedges Applesauce Fat Free Milk	April 8 Turkey & Cheese Melt On a Pretzel Bun Roasted Chickpeas Mixed Fruit Fat Free Milk	April 9 Penne Pasta & Meatballs With Garlic Breadstick Green Beans Mandarin Oranges Fat Free Milk	April 10 Chicken & Vegetable Dumplings with Fried Rice Mixed Vegetables Apple slices Fat Free Milk	April 11 Pierogi's Fresh Dinner Roll Green Beans Chilled Pears Fat Free Milk	Option #3 WOW Butter & Jelly Sandwich Option #4 Yogurt Munchable Option #5 Nacho Munchable
April 14 Pulled Pork Sandwich On a Fresh Bun Green Beans Chilled Pears Fat Free Milk	April 15 <i>Easter Feast!</i> Oven Roasted Turkey With Stuffing Mashed Potatoes with Gravy Warm Blueberry Crisp Fat Free Milk	April 16 French Toast Sticks Sausage Patty Tator Tots Chilled Orange Juice Fat Free Milk	April 17 Homemade Beefaroni Garlic Breadstick Steamed Carrots Sliced Apples Fat Free Milk	April 18 No School—Spring Break!	Option #3 WOW Butter & Jelly Sandwich Option #4 Fruit & Yogurt Parfait Option #5 Pizza Munchable
April 21 No School—Spring Break!	April 22 Crispy Chicken Sandwich On a Fresh Bun Seasoned Carrots Chilled Peaches Fat Free Milk Happy Earth Day!	April 23 Creamy Macaroni & Cheese With Garlic Toast Steamed Broccoli Applesauce Fat Free Milk	April 24 Teriyaki Chicken With Rice Mixed Vegetables Mandarin Oranges Fat Free Milk	April 25 Ham & Cheese Melt On a Pretzel Bun Potato Wedges Sliced Apples Fat Free Milk National Pretzel Day!	Option #3 WOW Butter & Jelly Sandwich Option #4 Yogurt Munchable Option #5 Nacho Munchable
April 28 Salisbury Steak Mashed Potatoes with Gravy Applesauce Fat Free Milk	April 29 Mini Comdog Nuggets Seasoned Corn Chilled Pears Fat Free Milk	April 30 Fluffy Pancakes Sausage Patty Tator Tots Apple Juice Fat Free Milk			Option #3 WOW Butter & Jelly Sandwich Option #4 Fruit & Yogurt Parfait Option #5 Pizza Munchable
Monday OR Chicken Patty On a Fresh Bun	Tuesday OR Beef & Cheese Soft Tacos	Wednesday OR Chicken Nuggets With Fresh Sliced Bread	Thursday OR Grilled Cheese Sandwich	Friday OR Homestyle Pizza	Sharpsville Area School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and